Private Practice Directory
Psychological Association of Prince Edward Island

Kathren Allison, Psychologist
PEIPRB Registration #: 064
Telephone: (902) 314-1113
Email: kathy.allison@rogers.com
Office address: 1 Rochford St., Charlottetown, PE C1A 9L2
Currently accepting referrals: Yes
Typical referral wait time: one month or less
Language in which service provided: English
Formal assessment services provided: Psycho-educational assessments for children and adults; ADHD; Adult ADHD; cognitive/intelligence; learning disability; learning assessments
Relevant areas of practice: Learning disabilities; ADHD/attention problems;
Services provided to: individuals
Age groups served: children; adults

I am a registered psychologist who has been working full time in my own comprehensive private practice (assessment and treatment of anxiety, depression, PTSD, learning disabilities, ADHD, etc.) for over 10 years. I am now focusing exclusively on assessments for learning disabilities and attention problems/ADHD, for both children and adults.

This entry last updated: 30 January, 2017

Dr. Christine Beck, Psychologist
PEIPRB Registration #: 042
Telephone: (902) 367-4446
Email: drchristinebeck@gmail.com
Office Address: 51 University Avenue, Suite 204, Charlottetown, PE C1A 4K8
Currently accepting referrals: Yes
Typical referral wait time: 6 months
Language in which service provided: English
Formal assessment services provided: behavioural / emotional; cognitive / intelligence; learning disability; neuropsychological
Relevant areas of practice: psychotherapy
Services provided to: individuals; groups
Age groups served: adolescents; adults; older adults

Thank you for your interest in my private practice. I am a doctoral level Psychologist with training in adult and geriatric neuropsychology, adolescent and adult community mental health,
educational assessment, health and rehabilitation psychology and psychotherapy with a variety of referral concerns.

Please call my office to see if my services are appropriate for your needs.

Sincerely,

Dr Christine Beck

This entry last updated: 23 April, 2016

Rebecca Deacon, Psychologist
PEIPRB Registration #: 051
Telephone: (902) 940-6157
Email: rjhooley@hotmail.com
Office Address: Suite 2C, 126 Richmond St, Charlottetown, PE C1A 1H9
Currently accepting assessment referrals: Yes
Currently accepting therapy referrals: No
Typical referral wait time: 3 - 6 months
Language(s) in which service provided: English
Formal assessment services provided: ADHD, behavioural/emotional; cognitive/intelligence; learning disability
Relevant areas of practice: ADHD/attentional problems; anger management; anxiety; behavioural problems; conflict resolution; depression; disabilities; family therapy; gifted/talented children; obsessive-compulsive disorder; parenting; phobias/fears/panic; psychotherapy; self-esteem; separation/divorce; social skills
Services provided to: individuals; families
Age groups served: pre-school children; school-aged children; adolescents

Rebecca Deacon's primary area of practice is in School Psychology and she has extensive experience in Psycho-Educational Assessment of School Aged Children, including the diagnosis and treatment of learning, behavioral, and social-emotional problems. Having worked within the school system for many years, Ms. Deacon is knowledgeable regarding evidence-based intervention, academic and behavioral program planning, and collaborating with families, schools, and other professionals. In addition to extensive assessment experience, Ms. Deacon has also treated a wide range of Anxiety Disorders in children and youth using a primarily Cognitive-Behavioral Approach, while also integrating other evidence-based strategies. Ms. Deacon also works with individuals and families to support the development of emotional and behavioral regulation, particularly as it relates to behavioral disorders such as ADHD.

This entry last updated: 30 March, 2017

Dr. Jason Doiron, Psychologist
PEIPRB Registration #: 038
Telephone: (902) 394-1249  
Email: psychologist@pei.sympatico.ca  
Office Address: 160 Belvedere Ave., Charlottetown, PE  
Website: https://peipsychologist.wordpress.com/  
Currently accepting referrals: Yes  
Typical referral wait time: 2 months  
Language(s) in which service provided: English  
**Formal assessment services provided:** ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; learning disability  
Relevant areas of practice: addictions; ADHD / attentional problems; anger management; anxiety; assertiveness; behavioural problems; conflict resolution; couple therapy; depression; grief/loss/bereavement; habit change; loneliness; obsessive-compulsive disorder; parenting; personal growth / wellness; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; relationship issues; self-esteem; separation/divorce; sports psychology  
**Services provided to:** individuals; couples; groups  
**Age-groups served:** school-aged children; adolescents; adults  

*Following my undergraduate years at the University of Prince Edward Island I was trained as a clinical psychologist at the University of New Brunswick, where I obtained my PhD in 2005. My part-time private practice (I am a full time professor at UPEI) is best be described as relatively general in nature. Much of my clinical work presently involves the assessment of cognitive ability and academic skills, along with the diagnosis of learning disabilities and other conditions related to learning (e.g., ADHD) in children and adults. I also have a smaller caseload of individuals who work with me in a psychotherapy / counselling context. My therapeutic work with clients is usually shorter-term with the goal of achieving some improvement or growth within approximately 8-12 sessions of work together. I tend to view clinical issues (such as anxiety or depression) through the lens of cognitive behavioural theory while integrating ideas from other evidence-based approaches as well.*

This entry last updated: 14 December, 2015

**Dr. Lee-Anne Greer,** Psychologist  
PEIPRB Registration #: 33  
Telephone: (902) 620-9144  
Office Address: 126 Richmond Street, Suite 2C, Charlottetown  
Currently accepting referrals: No  
Typical referral wait time: n/a  
Language in which service provided: English  
**Formal assessment services provided:** n/a
Relevant areas of practice: psychotherapy
Services provided to: individuals; couples
Age-groups served: adults; older adults
This entry last updated: 30 March, 2016

**Chris Hartley**, Psychologist
PEIPRB Registration #: 045
Telephone: (902) 396-8465
Email: [hartleypsychology@hotmail.com](mailto:hartleypsychology@hotmail.com)
Office address: Suite 2C – 126 Richmond St., Charlottetown, PE C1A 1H9
Currently accepting referrals: Yes
Typical referral wait time: less than one month
Language in which service provided: English
Formal assessment services provided: ADHD; Adult ADHD; career/vocational; cognitive/intelligence; insurance; learning disability; pain assessment
Relevant areas of practice: ADHD/attentional problems; anger management; anxiety; assertiveness; conflict resolution; disabilities; habit change; health issues; pain management; phobias/fears/panic; rehabilitation; sleep disorders; stress management; workplace issues
Services provided to: individuals
Age-groups served: adolescents; adults; older adults

*I am a registered psychologist working full time in private practise offering psychological services to individuals (primarily adults and older adolescents) facing a variety of work related and educational issues, primarily in the following three areas:

- **Psychological issues subsequent to injury or illness, pain management counselling and counselling for adjustment to chronic pain or illness.**
- **Psychological issues impacting vocational stability including job stress, work/life balance, sleep issues, adult ADHD and learning disabilities, career burnout, anger management, anxiety, workplace conflict, etc.**
- **Educational and Vocational counselling/assessment including vocational testing, career and educational planning, and assessment for learning disability and ADHD.***

This entry last updated: 29 November, 2014

**Barbara Jones**, Psychologist
PEIPRB Registration #: 061
Telephone: (902) 316-2514
Email: [windhorseps@gmail.com](mailto:windhorseps@gmail.com)
Office address: 174 Pickles Lane, Alexandra, PE Box 24076, Stratford, PE C2B 2V5
Currently accepting referrals: Yes
Typical referral wait time: 1 week
Language in which service provided: English
Formal assessment services provided: insurance; parental capacity
Relevant areas of practice: anger management; anxiety; attachment issues; assertiveness; depression; grief/loss/bereavement; habit change; health issues; loneliness; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; personality disorders; rehabilitation; relationship issues; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; stress management; workplace issues; mindfulness interventions
Services provided to: individuals; families; groups
Age groups served: adolescents; adults; older adults

Trained as a contemplative psychotherapist, mindfulness practices are embedded in all my work. I’ve worked extensively with individuals and families presenting with issues including: depression, anxiety, self-esteem, trauma, relationship challenges, chronic illness, end of life and bereavement. I am available to facilitate support groups using mindfulness and meditation, as well as providing assessment services related to PTSD, parenting capacity and return-to-work.

This entry last updated: 22 October, 2015

Ruth Lacey, Psychologist
PEIPRB Registration #: 007
Telephone: (902) 675-4282
Email: rlacey688@gmail.com
Office mailing address: P.O. Box 512, Charlottetown, PE C1A 7L1
Currently accepting referrals: Yes
Typical referral wait time: 1-4 weeks
Languages in which service provided: English, Italian, Spanish
Formal assessment services provided: n/a
Relevant areas of practice: abuse; addictions; adoption issues; ADHD / attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; depression; family therapy; family violence; gifted/talented children; grief/loss/bereavement; health issues; loneliness; obsessive-compulsive disorder; pain management; parenting; Post Traumatic Stress Disorder (PTSD)/trauma; relationship issues; self-esteem; stress management; troubled children and youth; workplace issues
Services provided to: individuals; couples; families; groups
Age groups served: pre-school children; school-aged children; adolescents; adults; older adults

I believe that education is important: people do the best they can and when they know better, they do better. I believe that people are inherently good. I believe that people need to be accountable, recognizing that they have choices and that they make their own decisions. I
believe that every person who works on doing better benefits society. I have faith that with my experience and the client’s desire to change, between us, solutions and better ways of doing things will emerge.

This entry last updated: 2 January, 2016

**Caroline LeBlanc**, Psychologist  
PEIPRB Registration #: 020  
Telephone: (902) 393-3829  
Email: caroline11leblanc@gmail.com  
Office address: 174 Pickles Lane, Alexandra, PE  
Currently accepting referrals: Yes  
Typical referral wait time: 1-2 weeks  
Language in which service provided: French and English  
**Formal assessment services provided**: cognitive/intelligence; insurance; learning disability; psychovocational  
**Relevant areas of practice**: abuse; anger management; anxiety; conflict resolution; couple therapy; depression; habit change; health issues; loneliness; obsessive-compulsive disorder; pain management; personal growth / wellness; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD) / trauma; psychotherapy; rehabilitation; relationship issues; separation/divorce  
**Services provided to**: individuals; couples; groups  
**Age-groups served**: children; adolescents; adults; older adults

Caroline has been specializing in the area of trauma assessment and therapy for over 20 years. Her emphasis has been on helping first responders, military personnel and veterans deal with trauma and PTSD. Her approach to psychotherapy is based on the Cognitive Behavioural Model blended with Mindfulness. Three years ago, she became certified in Equine Assisted Psychotherapy. She also is trained in EMDR, an evidence based approach for the treatment of trauma. Caroline has just opened a multidisciplinary centre that provides a full range of psychological assessments and treatment for children, adolescents and adults. The centre, Serene View Ranch, is located just outside of Charlottetown and overlooks Pownal Bay. Please visit the website at www.sereneviewranch.com

This entry last updated: 2 December, 2014

**Dr. George Mallia**, Psychologist  
PEIPRB Registration #: 040  
Telephone: (902) 367-4446  
Email: drgeorgemallia@gmail.com  
Office Address: 51 University Avenue, Suite 204, Charlottetown, PE C1A 4K8
Currently accepting referrals: Yes
Typical referral wait time: 1 year
Language(s) in which service provided: English

**Formal assessment services provided:** ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; custody/access; learning disability; neuropsychological; parental capacity

**Relevant areas of practice:** abuse; addictions; adoption issues; ADHD / attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; body image; conflict resolution; depression; disabilities; eating disorders; family therapy; gifted/talented children; grief/loss/bereavement; health issues; loneliness; obesity; obsessive-compulsive disorder; pain management; parenting; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; relationship issues; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; sports psychology; stress management; workplace issues

**Services provided to:** individuals; families

**Age-groups served:** school-aged children; adolescents; adults

This entry last updated: 3 December, 2014

**Dr. Rhonda Matters**, Psychologist
PEIPRB Registration #: 027
Telephone: (902) 388-8846
Office address: 126 Richmond St. Suite 2C, Charlottetown, PE C1A 1H9
Currently accepting referrals: Yes
Typical referral wait time: 2 months
Language in which service provided: English

**Formal assessment services provided:** n/a

**Relevant areas of practice:** abuse; ADHD/attentional problems; anxiety; depression; family therapy; family violence; grief/loss/bereavement; obsessive-compulsive disorder; phobias/fears/panic; post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; relationship issues; separation/divorce; stress management

**Services provided to:** individuals; couples; families

**Age-groups served:** children; adolescents; adults

*Dr. Matters has a PhD in Clinical Psychology from the University of Windsor in Ontario. She has been practicing for more than 20 years, with her primary focus being the treatment of behavioural disorders in children, depression, and anxiety disorders in both children and adults. She uses primarily a Cognitive-Behavioural Approach but has also been trained in Eye Movement Desensitization and Reprogramming (EMDR), Interpersonal Therapy, Solution Focused Therapy, and Narrative Therapy*

This entry last updated: 4 April, 2017
**Dr. Wm. Neil McLure**, Psychologist

PEIPRB Registration #: 009  
Telephone: (902) 432-3910  
Fax: (902) 432-3007  
Email: mclure@pei.sympatico.ca  
Office address: 292 Water St., Summerside  
Currently accepting referrals: Yes  
Typical referral wait time: 3-4 weeks  
Language in which service provided: English  
Formal assessment services provided: ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; insurance; learning disability; legal; neuropsychological; pain assessment  
Relevant areas of practice: abuse; acquired brain injury; addictions; adoption issues; ADHD / attentional problems; anger management; anxiety; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; couple therapy; depression; disabilities; family therapy; gifted/talented children; grief/loss/bereavement; health issues; loneliness; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; relationship issues; self-esteem; separation/divorce; social skills; sports psychology; stress management; traumatic brain injury; workplace issues  
Services provided to: individuals; couples; families  
Age-groups served: pre-school children; school-aged children; adolescents; adults; older adults  
This entry last updated: 1 March, 2013

**Cathy Morgan**, Psychologist

PEIPRB Registration #: 022  
Telephone: (902) 394-4439  
Currently accepting referrals: Yes  
Typical referral wait time: 2 weeks  
Languages in which service provided: English  
Formal assessment services provided: n/a  
Relevant areas of practice: Anxiety; behavioral problems; depression; parenting; self-esteem; social skills  
Services provided to: individuals; families  
Age-groups served: pre-school children; school-aged children; adolescents  

I have over 20 years experience as a clinical psychologist working with children, adolescents, and their families. I work individually with children and adolescents experiencing a wide range of emotional and behavioural difficulties, and consult with parents about effective ways to support their children.
This entry last updated: 19 April, 2017

Parise Nadeau, Psychologist
PEIPRB Registration #: 35
Telephone: (902) 438-1109
Email: parisenadeau@gmail.com
Office address: Summerside
Currently accepting referrals: Yes
Typical referral wait time: 3-6 weeks
Languages in which service provided: French; English
Formal assessment services provided: ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; learning disability
Relevant areas of practice: ADHD/attentional problems; anger management; anxiety; assertiveness; autism spectrum disorder; behavioural problems; body image; depression; gifted/talented children; grief/loss/bereavement; habit change; loneliness; obesity; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; phobias/fears/panic; psychotherapy; self-esteem; social skills; stress management
Services provided to: individuals; families
Age-groups served: pre-school children; school-aged children; adolescents; adults

My main area of practice is with children, youth and families; providing support with parenting and behaviour management, as well direct individual therapy with children, youth and adults. I also offer mental health, behavioural and psycho-educational assessments.

Bilingual service.
This entry last updated: 1 March, 2013

Ken Pierce, Psychologist
PEIPRB Registration #: 006
Telephone: 1-877-569-3710
Email: ken@clarendonconsulting.com
Office address: 549 North River Rd., Vision Care Building, 2nd floor, Charlottetown, PE C1E 1J6
Currently accepting referrals: Yes
Typical referral wait time: 5-7 days
Language in which service provided: English
Formal assessment services provided: behavioural/emotional; career/vocational; custody/access; pain assessment; parental capacity
Relevant areas of practice: abuse; addictions; adoption issues; ADHD/attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; body image; conflict resolution; couple
therapy; depression; disabilities; eating disorders; family therapy; family violence; financial loss; gifted/talented children; grief/loss/bereavement; habit change; health issues; infatuations; loneliness; obesity; obsessive-compulsive disorder; pain management; parenting; personal growth/wellness; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; relationship issues; resentments; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; spiritual; sports psychology; stress management; workplace issues

Services provided to: individuals; couples; families; groups

Age-groups served: pre-school children; school-aged children; adolescents; adults; older adults

I am a registered psychologist with over 30 years experience in a variety of roles including drug crisis, early childhood education, post secondary education, corporate training, community development and private practice.

There are many new science based tools available to assist others to evolve in the areas where they are challenged. The wisest professional helpers say similar things including: therapy is ‘focussed accelerated learning’; since thinking determines feelings talking mostly about feelings can distract from the learning process; everyone is a survivor of their past so no longer a victim of it; and while people do have losses when they uncover the gains they become more present and get on with their life.

I have the privilege of working with clients aged 2 to 82 years. I have assisted individuals and groups to move on from: assault, abuse, addictions, ADHD, allergies, auto collisions, auto immune diseases, bullying, bankruptcy, bipolar disorder, cancer, Crohn’s, death, depression, divorce, harassment, incest, injuries, job loss, learning disabilities, PTSD, workplace strikes and other traumatic events. I have a special interest in working with couples and those struggling with bullying, depression and self esteem.

This entry last updated: 30 September, 2015

Peter Joseph Pierre, Psychologist
PEIPRB Registration #: 044
Telephone: (902) 436-6799
Email: pjpierre@live.com
Office address: Suite 5, Granville Professional Centre, 500 Granville, Summerside, PE, C1N 5Y1
Currently accepting referrals: Yes
Typical referral wait time: less than 1 week
Language in which service provided: English
Formal assessment services provided: ADHD, adult ADHD, behavioural/emotional, career/vocational, cognitive/intelligence, learning disability
Relevant areas of practice: abuse; addictions; ADHD/attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; body image; conflict resolution; depression; disabilities; grief/loss/bereavement; habit change; health issues; loneliness; obsessive compulsive disorder;
pain management; parenting; personal growth/wellness; phobias/fears/panic; post-traumatic stress disorder (PTSD)/trauma; psychotherapy; rehabilitation; self-esteem; separation/divorce; sexual issues; sleep disorders; social skills; stress management; workplace issues.

**Services provided to:** individuals; couples; families

**Age-groups served:** school-aged children; adolescents; adults

* I practice cognitive behavioural therapy and emotion focused therapy.*

This entry last updated: 21 May, 2015

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**Dr. Abderrahmane Sahouli**, Psychologist  
PEIPRB Registration #: 17  
Telephone: (902) 838-3898  
Email: asahouli@ihis.org  
Office address: 126 Douses Rd., Montague, PE C0A 1R0  
Currently accepting referrals: Yes  
Typical referral wait time: 2 weeks  
Languages in which service provided: French; English  
**Formal assessment services provided:** ADHD; Adult ADHD; behavioural/emotional; cognitive/intelligence; insurance; learning disability; pain assessment  
**Relevant areas of practice:** abuse; addictions; ADHD / attentional problems; anger management; anxiety; attachment issues; assertiveness; autism spectrum disorder; behavioural problems; blended/step family issues; body image; conflict resolution; depression; disabilities; eating disorders; gifted/talented children; grief/loss/bereavement; habit change; health issues; loneliness; obesity; obsessive-compulsive disorder; pain management; parenting; personality disorders; phobias/fears/panic; Post Traumatic Stress Disorder (PTSD)/trauma; psychotherapy; rehabilitation; relationship issues; self-esteem; separation/divorce; sleep disorders; social skills; stress management  
**Services provided to:** individuals; families; groups  
**Age-groups served:** pre-school children; school-aged children; adolescents; adults  
This entry last updated: 1 March, 2013